

A Note from Cindy

I encourage you to keep in mind this is designed to be an in-depth study and intended to be self-reflective and challenging. Be sure to allow the group members time to work through the material and Challenge Questions each week. Please keep that in mind as you choose an outline for your study and how much material your group members can cover thoroughly in the timeframe in which you are meeting.

The Challenge to Trust on the Path to Peace

14-WEEK STUDY SCHEDULE

Note: Week One and Week Two could easily be combined.

Week One

Introduction

Part One: Let the Journey Begin

Week Two

Day 1 The Challenge to Trust
Day 2 Trust Is Complicated
Day 3 Emotional Walls

Week Three

Day 4 Misplaced Trust
Day 5 The Missing Peace
Day 6 To Trust or Not to Trust
Day 7 Are You Ready?

Week Four

Part Two: My Trust Roadblocks

Day 8 A Habit of Distrust
Day 9 The Pain of Broken Trust
Day 10 The Lies of Loneliness
Day 11 Pride and Insecurity

Week Five

Day 12 Unmet Expectations
Day 13 Long-Term Suffering
Day 14 The Fog of Fear
Day 15 Unresolved Anger

Week Six

Day 16 Unforgiveness
Day 17 Battle of the Mind
Day 18 A Weary Soul
Day 19 The Greatest Roadblock

Week Seven

Part Three: In Whom Shall I Trust?

Day 20 God Wants You to Know Him
Day 21 God Knows You and Loves You
Day 22 God Is Gracious and Merciful
Day 23 God Is Powerful and Wise

Week Eight

Day 24 God Is Good
Day 25 God Is Holy
Day 26 God Is with You
Day 27 God Knows Suffering

Week Nine

Day 28 God Is Righteous and Just
Day 29 God Is Faithful
Day 30 God Is Sovereign
Day 31 God Never Changes

Week Ten

Part Four: Pursuing Trust

Day 32 Prepare for Another Storm
Day 33 Remember God's Faithfulness
Day 34 Study God's Word
Day 35 Claim God's Promises

Week Eleven

Day 36 Trust in the Dark
Day 37 Shift Your Hope
Day 38 Seek an Eternal Perspective
Day 39 Plug into God's Power

Week Twelve

Day 40 Develop a Heart of Gratitude
Day 41 Cry Out for Understanding
Day 42 Don't Miss the Journey
Day 43 Praise God

Week Thirteen

Day 44 Open Your Heart to Help
Day 45 Understand Your Purpose
Day 46 Reorient Your Life
Day 47 Be Still and Know God

Week Fourteen

Day 48 Wait on God
Day 49 Pray God's Will
Day 50 Surrender It All
Conclusion: The Final Word

The Challenge to Trust on the Path to Peace

12-WEEK STUDY SCHEDULE

Week One

Introduction

Part One: Let the Journey Begin

Day 1 The Challenge to Trust

Day 2 Trust Is Complicated

Day 3 Emotional Walls

Week Two

Day 4 Misplaced Trust

Day 5 The Missing Peace

Day 6 To Trust or Not to Trust

Day 7 Are You Ready?

Week Three

Part Two: My Trust Roadblocks

Day 8 A Habit of Distrust

Day 9 The Pain of Broken Trust

Day 10 The Lies of Loneliness

Day 11 Pride and Insecurity

Week Four

Day 12 Unmet Expectations

Day 13 Long-Term Suffering

Day 14 The Fog of Fear

Day 15 Unresolved Anger

Week Five

Day 16 Unforgiveness

Day 17 Battle of the Mind

Day 18 A Weary Soul

Day 19 The Greatest Roadblock

Week Six

Part Three: In Whom Shall I Trust?

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Day 27 God Knows Suffering

Week Eight

Day 28 God Is Righteous and Just

Day 29 God Is Faithful

Day 30 God Is Sovereign

Day 31 God Never Changes

Week 9

Part Four: Pursuing Trust

Day 32 Prepare for Another Storm

Day 33 Remember God's Faithfulness

Day 34 Study God's Word

Day 35 Claim God's Promises

Day 36 Trust in the Dark

Week Ten

Day 37 Shift Your Hope

Day 38 Seek an Eternal Perspective

Day 39 Plug into God's Power

Day 40 Develop a Heart of Gratitude

Day 41 Cry Out for Understanding

Week Eleven

Day 42 Don't Miss the Journey

Day 43 Praise God

Day 44 Open Your Heart to Help

Day 45 Understand Your Purpose

Day 46 Reorient Your Life

Week Twelve

Day 47 Be Still and Know God

Day 48 Wait on God

Day 49 Pray God's Will

Day 50 Surrender It All

Conclusion: The Final Word

The Challenge to Trust on the Path to Peace

10-WEEK STUDY SCHEDULE

Week One

Introduction

Part One: Let the Journey Begin

- Day 1 The Challenge to Trust
- Day 2 Trust Is Complicated
- Day 3 Emotional Walls

Week Two

- Day 4 Misplaced Trust
- Day 5 The Missing Peace
- Day 6 To Trust or Not to Trust
- Day 7 Are You Ready?

Week Three

Part Two: My Trust Roadblocks

- Day 8 A Habit of Distrust
- Day 9 The Pain of Broken Trust
- Day 10 The Lies of Loneliness
- Day 11 Pride and Insecurity
- Day 12 Unmet Expectations
- Day 13 Long-Term Suffering

Week Four

- Day 14 The Fog of Fear
- Day 15 Unresolved Anger
- Day 16 Unforgiveness
- Day 17 Battle of the Mind
- Day 18 A Weary Soul
- Day 19 The Greatest Roadblock

Week Five

Part Three: In Whom Shall I Trust?

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Week Six

- Day 26 God Is with You
- Day 27 God Knows Suffering
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- Day 29 God Is Faithful
- Day 30 God Is Sovereign
- Day 31 God Never Changes

Week Seven

Part Four: Pursuing Trust

- Day 32 Prepare for Another Storm
- Day 33 Remember God's Faithfulness
- Day 34 Study God's Word
- Day 35 Claim God's Promises
- Day 36 Trust in the Dark

Week Eight

- Day 37 Shift Your Hope
- Day 38 Seek an Eternal Perspective
- Day 39 Plug into God's Power
- Day 40 Develop a Heart of Gratitude
- Day 41 Cry Out for Understanding

Week 9

- Day 42 Don't Miss the Journey
- Day 43 Praise God
- Day 44 Open Your Heart to Help
- Day 45 Understand Your Purpose
- Day 46 Reorient Your Life

Week Ten

- Day 47 Be Still and Know God
- Day 48 Wait on God
- Day 49 Pray God's Will
- Day 50 Surrender It All
- Conclusion: The Final Word

The Challenge to Trust on the Path to Peace

8-WEEK STUDY SCHEDULE

Week One

Introduction

Part One: Let the Journey Begin

Day 1 The Challenge to Trust

Day 2 Trust Is Complicated

Day 3 Emotional Walls

Day 4 Misplaced Trust

Day 5 The Missing Peace

Day 6 To Trust or Not to Trust

Day 7 Are You Ready?

Week Two

Part Two: My Trust Roadblocks

Day 8 A Habit of Distrust

Day 9 The Pain of Broken Trust

Day 10 The Lies of Loneliness

Day 11 Pride and Insecurity

Day 12 Unmet Expectations

Day 13 Long-Term Suffering

Week Three

Day 14 The Fog of Fear

Day 15 Unresolved Anger

Day 16 Unforgiveness

Day 17 Battle of the Mind

Day 18 A Weary Soul

Day 19 The Greatest Roadblock

Week Five

Part Three: In Whom Shall I Trust?

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Week Six

Part Four: Pursuing Trust

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Day 35 Claim God's Promises

Day 36 Trust in the Dark

Day 37 Shift Your Hope

Day 38 Seek an Eternal Perspective

Week Seven

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Day 41 Cry Out for Understanding

Day 42 Don't Miss the Journey

Day 43 Praise God

Day 44 Open Your Heart to Help

Day 45 Understand Your Purpose

Week Eight

Day 46 Reorient Your Life

Day 47 Be Still and Know God

Day 48 Wait on God

Day 49 Pray God's Will

Day 50 Surrender It All

Conclusion: The Final Word